

CONTEMPORARY

VITTORIA DE FERRARI SAPETTO As a performer, Vittoria has worked with Jan Fabre, Sidi Larbi Cherkaoui, Damien Jalet, Akram Khan and Romeo Castellucci a.o. She turned to choreography in 2013 while in residence at the Swatch Art Peace Hotel Shanghai with the making of *Closer*, a dance video that was shown at the Biennale of Venice in 2015. In 2017, Vittoria choreographed and danced in *Beautiful Things*, an award-winning film which premiered at the Venice Festival. She also created the site-specific solo *088* as well as the duets *In Pasto al pubblico* (together with the jazz pianist Simone Graziano) and *365* (together with Andrea Valfre). Vittoria regularly teaches all around the world with her practice *Artylogica* as well as with the *Ki-Contact* technique, which she co-founded together with Andrea Valfre – with whom she also choreographed the show *Mikado* for the European Capital of Culture 2022. www.vittoriadeferrarisapetto.com

The training method *Artylogica* proposes different kinds of exercises, engages various technical abilities and passes through structured dance sequences and guided improvisations from physical theater in the aim to question our creative habits and find new pathways to enrich our movement vocabulary. The class is influenced by martial arts and investigates the relationship between body, dynamics and architectural space. Participants are invited to explore theatrical aspects of their physicality and approach movement through a specific state rather than perceiving it as simple technical task. *Artylogica* is Vittoria's creative translation of the search for a logic in the art of dance – an utopia considering its constant state of change. Within the boundless scope of logical choices, what matters is the one which suits each one of us the most.

TOMMY CATTIN is a Swiss/Italian dance artist who works as a freelance performer, choreographer and dance teacher. In 2020, he created his company, EREM dance in Switzerland, after several years spent abroad dancing and studying. Since 2020, he has created five dance pieces with his company that were showcased in different theaters in Switzerland and Italy. He also works as a dancer in projects of other professional companies and international dance makers such as Prototype Status - Cie Jasmine Morand, Theater Basel and EM+ Emanuele Rosa & Maria Focaraccio. He also regularly teaches dance, somatic practices or physical theatre workshops in different contexts and with different groups of people, from dancers to actors. As part of his artistic journey, Tommy was able to study or collaborate with a wide range of international dance artists and companies such as Marcos Morau, Pau Aran, Marie Chouinard, Trisha Brown Company, Batsheva Ensemble, Theo Clinkard, Jasmine Morand, Fabio Liberti, Igor & Moreno, Lali Ayguadé, Susanne Kennedy, David Zambrano, amongst many others. Tommy graduated from the Northern School of Contemporary Dance in Leeds (UK) with a Master's degree in Contemporary Dance Performance. Previously, he completed his Bachelor's degree in contemporary dance at the Trinity Laban Conservatory of Music and Dance in London, where he received the Simone Michelle Award for his achievements in choreography. As part of his studies, he also trained at the Institut del Teatre in Barcelona. Between 2018 and 2019, Tommy was a member of the Holstebro Dance Company in Denmark.

In his classes, Tommy invites the participants to rethink the listening process of their own body while moving, questioning and challenging the notion of presence through a somatic and sensitive connection between body and mind. The classes are also often composed of rich physical parts made of guided explorations and contemporary dance material inspired by his diverse experiences in different dance styles, from contemporary to traditional folk dances for instance. Despite the importance put on physically training the dancer's body, Tommy dedicates a part of each of his classes to the empowerment of individual creativity and personal artistry, looking into performativity and ways of exchanging.

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STEFANIE FISCHER is a dance teacher, assistant and rehearsal director, and is currently studying for a master's degree at the ZHdK, *University of Arts Zürich*, in teaching and coaching professional dancers. She received her diploma in dance from *Tanz Akademie Zürich* in 2006. During her education she won the *Migros Tanz Studien Preis* three years in a row. After graduating, she danced with *Ballet Kiel* in Germany, performed as a freelance dancer in various productions across Europe and co-founded the dance collectives *Bufo Makmal* and the *ConFusionArt Collective*. From 2015 to 2020 she was a solo dancer and training leader at *Tanzkompanie Theater St.Gallen*. As a guest she regularly teaches ballet and contemporary at *Ballett Graz* and at *Profitraining* St. Gallen and Basel. She is currently working as a rehearsal director for *SNOW Productions* in Basel.

Stefanie's contemporary training for professional dancers offers a mixture of working on details with enjoying movement, and is peppered with small challenges. The aim of the class is to strengthen awareness of your body and movement, and to start the day with a warm, supple body. After an extensive warm-up, the lesson builds up to several exercises, from the floor to standing and with an increasing energy curve.

Due to her Vaganova education, Stefanie's ballet class is based on the Russian technique. It is also strongly influenced by her many years of dancing in different places. The class is built with a clear structure and supports the pleasure of moving and dancing. Musicality and challenging combinations are important components in the class. They help to create a playful and positive atmosphere.

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BEATRICE PANERO, dancer, choreographer and teacher. Member of CID, International Dance Council of Unesco. Born in Turin in 1991, she started dancing at the age of seven. She graduated from the Leon Battista Alberti State Art School in Florence and danced in the Junior Dance Company of Balletto di Toscana until 2009. In 2010 she went to Codarts in Rotterdam, where she graduated in 2012 with a Bachelor of Dance degree. She has participated in numerous dance seminars, including the Gaga Summer Intensive 2014 with the Batsheva Dance Company. She was awarded prizes for her choreographic work at the International Dance Competition of Spoleto and the Solo-Tanz-Theater Choreographic competition of Stuttgart Festival. In 2019 she was a guest choreographer at Ulm Theater in Germany and created the dance production *Faces of Love*. From 2012 to 2019 she was engaged as a professional dancer in several theaters in Germany including: Gerhart Hauptmann Görlitz Theater, Osnabrück Theater, Ulm Theater and Trier Theater. Since the season 2019/2020 she is a permanent member of the Dance Company of Konzert Theater Bern. Beatrice is also a contemporary dance teacher for the professional training program at ASBallet in Bern. Between 2017 and 2020 she was invited as guest teacher at Alpidanza International Dance Workshop at Lavanderia a Vapore in Collegno, Italy, at the International Solo Dance Festival Ankara and at the Bodrum Modern Dance Festival in Turkey. Since 2020 Beatrice has been collaborating with cellist and composer Lamberto Curtoni for the creation of choreographic duets with live music. They debuted with their show *ONE* at Castello di Govone in Italy on the occasion of the Festival Art Site Fest 2020.

From the beginning, her contemporary class is focused on not only the individuality of each dancer but also on the atmosphere and energy of the group. It is a training in which information is constantly exchanged, and the dancers inspire one another. Positioning ourselves in a circle and starting with a warm up inspired by Gyrokinesis Method, we want to connect with ourselves as well as with the space around us in order to become available to connect with others. Maintaining a constant andante rhythm, we'll begin with a series of floorwork exercises, built on different levels: The core will be shifted in different directions until it reaches the floor. The warm up will develop into contemporary technical work with a focus on stamina enhancement and core and muscle strengthening, while keeping the relaxation of the hips. During the second part of the class, we'll continue with improvisation and composition based on viewpoints, directions and intuition.

Beatrice Panero's ballet class is designed for contemporary and classical dancers curious about approaching ballet techniques somatically. Through the use of imagery and the principle of spirals, the class focuses on the healthy alignment of the hips, knees, and ankles, as well as sensing momentum in harmony with breathing. The final goal is to achieve dynamic technique and joy of movement in the room.

LAB

TABEA MARTIN was born in Switzerland. She studied modern dance at the Amsterdam University of the Arts and continued her studies at the SNDO in Amsterdam. She completed her second degree in choreography at the Rotterdamse Dansacademie in 2006. Her productions have toured Switzerland and Europe and have been shown at numerous festivals and theatres and have been awarded prizes. In addition to independent productions, Tabea Martin also works regularly at municipal theaters, including Schauspielhaus Zürich, Maxim Gorki Theater Berlin, Staatstheater Oldenburg, Staats- theater Karlsruhe and Theater Neu- markt. From 2018-2020 and 2021-2023 and 2024-2026, Tabea Martin is part of the cooperative funding agreement between the Basel-Stadt and Basellandschaft Dance & Theater Committee and Pro Helvetia - Swiss Arts Council. Her latest works *Geh nicht in den Wald im Wald ist der Wald* and *Forever, Nothing Left* and *Demain est annulé* are currently on tour in various theaters in Europe.

Her LAB focuses on the exploration of the body within different situations. Tabea Martin often works with text, including writing texts and transforming these into movement. Together with the participants, she will negotiate the questions of how to transport content via the body and search for theatricality through movement, working with the action/reaction principle. Tabea will be taking a look at works from the past and present, and will enter into dialogue with the participants as they transform topics of concern into movement. Tabea is interested in the element of failure and the joy of risk taking while collecting, discussing and exchanging.

BALLET

OLIVER DAEHLER was trained as a dancer at the Royal Ballet School in London. He danced with the Royal Ballet London, the Royal Ballet of Flanders in Antwerp and from 1994 to 1999 for the Bern Ballett under the direction of Martin Schläpfer. In the same theater he worked for three years as a ballet master and choreographer. Oliver has created more than 30 choreographies (commissions including the Mecklenburgisches Staatstheater Schwerin, the Stadttheater Bern and the Lucerne Festival). These include full-length ballets as well as site-specific performances. In 2001 he won a scholarship from the Canton of Bern which enabled him to complete a six-month advanced training course in Modern, Contemporary Dance and Ballett in New York (et al. with David Howard, Zvi Gotheiner, Risa Steinberg, Alan Danielson and Steve Paxton). Oliver is a Certified teacher of RAD and completed the NDS Tanzkultur at the University of Bern in 2007. In 2008 he attended Ohad Naharin's Gaga-Intensive course in Tel Aviv. From 2009 to 2011 Oliver worked as a ballet master and choreographer in residence at the Tanz Luzerner Theater. Since the season 2011/2012 he works as a freelance choreographer, dance teacher and coach. <http://danceproductions.ch>

Oliver's ballet class focuses on correct body placement, fluidity in breath and movement qualities as well as musicality. Enjoy dancing with "minimum effort and a maximum result".

BALLET

CLARISSA ROCHA began her dance studies in Brazil at the age of eleven. Seven years later she started to work as a teacher and as a dancer. Throughout her career she has always tried to balance those two professions that she loves, teaching and performing, as she considers them as complementary. In 2005 she moved to Madrid where she carried on with her studies and where she graduated in choreography and interpretation at the Maria de Avila Conservatory. At the same time she was performing with different dance companies of various styles, from aerial dance and outdoor performance to contemporary dance. During the 8 years she lived in Madrid she also worked as ballet, contemporary dance and Pilates teacher. In 2013 Clarissa moved abroad again, this time to London, where she continued with her career as dancer and teacher. There she collaborated in a post graduate dance project at the London Contemporary Dance School and had a permanent role as a teacher at Ballet4life, focusing on ballet for adults and elderly people. In collaboration with Ballet4life's director, she developed a programme especially conceived for people with dementia.

Clarissa's ballet class is designed to be a moment of connection with the body, providing an opportunity to use movement to feel the flow of energy and build up strength. The class is structured following the basic principles of ballet, but respecting the individuality of each dancer's body.

ANDREA TORTOSA VIDAL was born in 1986 in Alicante, Spain, and received her training at the María de Ávila Dance Studio. During her training, she won awards in Zaragoza (2001, 2003), Torrelavega (2002), and Castellón (2004). She was able to continue her training for a year at NDT 2 in The Hague. Her professional career began in 2004 with Ballett Basel, from where she moved to the Italian company Aterballetto in 2008. In 2012, she returned to Ballett Basel and was named Dancer of the Year in 2016 by the NZZ. She has worked with choreographers such as Richard Wherlock, Jiří Kylián, Hofesh Shechter, Johan Inger, Saburo Teshigawara, Alexander Ekman, Mauro Bigonzetti, Fabrice Mazliah, Edward Clug, Angeline Preljocaj, Bryan Arias, Frank Fannard Pedersen, Itzik Galili, Stijn Celis, Blanca Li, Jorma Elo, Stephan Thoss, Jiří Pokorný, Jérôme Bel, and Henri Oguike, among others. Since the beginning of her career, Andrea Tortosa Vidal has felt a deep curiosity and a fervent desire to find her own physical language. This has led her to explore, alongside her work as a dancer, the world of choreography and the creation of numerous works, both solo and in collaboration with artists from various fields. She also regularly teaches classical and modern dance and has led several educational projects in the city of Basel.

With 25 years of daily ballet experience, I am thrilled to guide dancers through the elegance and discipline of this timeless art form. In the classes, you'll find a supportive and encouraging environment toward discovering your own grace and strength and expand it in time and space. Let's embrace the artistry of ballet together, celebrating progress and positivity in every session. Whether you're here to refine your technique or to keep fit, I look forward to dancing with you!

LINDA MAGNIFICO completed her dance education in Italy and received her first engagement with the Croatian National Ballet in Zagreb, where she danced as a soloist from 1988 to 1991. From 1994 to 2003 she was a soloist with the Compagnia Zappalà Danza and assistant to Roberto Zappalà. In 2004 Linda moved to Switzerland. She danced for cie. Anna Huber and was a dancer at the Lucerne Theatre under the direction of Verena Weiss for three years. In 2007 she founded the company „dysoundbo“ together with the composer Sasha Shlain. As a ballet mistress and choreographic assistant, she worked for the Theater St. Gallen and Staatstheater Darmstadt. From 2014 to 2019 she worked as rehearsal director for the dance company Konzert Theater Bern. Since January 2021 she is president of IG Tanz Zentralschweiz, founder and curator of Profitraining & Workshops Zentralschweiz, artistic director of Tanzfest Zentralschweiz and director and coordinator of various other projects. Linda is also active as a guest teacher nationally and internationally.

In her teaching, Linda Magnifico uses elements of different styles with which she became familiar during her career. The lesson focuses on preparing the body for rehearsals or performances. Basics that are important in her class are placement, fluidity, density in movement, change of body weight and direction and movement through space. The emphasis is on musicality, clarity and dynamics of movement.

VALERIA MARANGELLI is an artist based in Basel, Switzerland. She received her Bachelor of Dance from Codarts University of the Arts in Rotterdam, having graduated with honors. Valeria has danced with MZ Atelier - Martin Zimmermann, Alba Castillo & Bryan Arias's company Snorkel Rabbit and was a soloist dancer at Luzerner Theater. Throughout her career, Valeria performed in works and original creations by renowned choreographers such as Marcos Morau, Ella Rothschild, Tom Weinberger, Johan Inger, Cayetano Soto, Georg Reischl, Caroline Finn, Jo Strömngren and many others. Valeria is currently a guest dancer with Opera Ballet Vlaanderen in Antwerp, Belgium. Her choreographic work has been selected as a finalist for the Concours Chorégraphique of Malandain Ballet Biarritz in 2020 and as a winner of the 26th Internationales Solo Tanz Theater Festival Stuttgart in 2022. As a teacher, Valeria offers classes at various venues across Switzerland and Europe.

The class prepares the body for the physical demands of rehearsals and performances. The primary focus is on natural alignment, weight shift, breath control, dynamics and spine mobility. These elements are all supported by musicality – the main engine driving the class. The training starts with a warm-up to awaken the feet and spine, and gradually unfolds into larger movements through space.