

## **Profitraining Basel Hygiene Concept Measures From July 1st on**

First of all: We count on self responsibility from all. The teacher is our guest, the studio angel will help you to remember the following rules:

- Don't come if you feel ill.
- In case of confirmed infection after a Profitraining visit, please inform us.
- No accompanying persons.
- Disinfect your hands upon arrival.
- Keep distance (1.5m) before, during and after the class; no hugging, contact impro, partnering.
- If possible, come in your training clothes. Keep your stay in the dressing rooms short.
- Bring your own water bottle and take it home after class (also if disposable)
- Make sure the studio angel has your name on the attendance list of the day. If your contact details changed in the last few years (tel/Email), send us an update.
- Bring the correct amount of money so the payment can happen with as little contact as possible.
- Follow the instructions of the studio angels about when and where to enter/exit the studio. In Semiramis there are often classes happening before or after the Profitraining.
- Enjoy! Dance! Train...sweat...move big...eat the space...be social, self disciplined, take responsibility for yourself and the others, ENJOY!

### **Organizational changes for a smooth and safe transitions between classes:**

#### **Semiramis:**

- Tuesdays: The dividing wall between the studios is closed. The class before the Profitraining finishes at 10:25, Profitraining starts at 10:35 (instead of 10:30). Change and wait/warm up in the small studio. Do not enter the large studio until the other group has completely left it.

- Wednesdays: The dividing wall between the studios is open. The class before the Profitraining finishes at 10:45, Profitraining starts at 11:00.

The dancers from the class before leave the building at 10:55 at the latest. Profitraining dancers wait outside the building and do not enter until the other group has completely left.

#### **Chronos:**

- Saturdays: From August 10 until September 26, the Ballet School Basel will be in Chronos before and after the Profitraining. Please arrive no earlier than 15 minutes before the start of the Profitraining and leave no later than 15 minutes after the end of the class. (So, arrive earliest at 10:45 and leave latest at 12:45.)

Note to the teachers: please stop your classes on time!

Changes possible.