

Profitraining Basel – Teachers August 2026

Contemporary with Jonas Onny

Monday 10. / 11. / 12. August 2026

Where: Tanzhaus Basel

Time: 9:30 – 11:00 a.m.

Language: German & English

Lively, dynamic, vibrant

The Body Riddim Practice is an energetic mixture of movements and rhythms derived from West African dances combined with contemporary floorwork, acrobatic elements and games which seek to challenge one's sense of rhythm, coordination and mobility. The Training aims to create an environment where participants enjoy moving, whilst raising awareness for rhythm, technique and dynamics.

Jonas is working as a freelance performer and teacher since 2014. His artistic range reaches from contemporary street shows to Musical, Show- and Opera productions. Jonas is a member of the Ferus Animi Collective, a group of cross disciplinary craftspersons researching in the fields of human physiology and performance, through both an artistic and scientific lens. Born in Germany, Jonas spent his early years in Ghana making first experiences with West African dances and drumming. He has been educated in various styles of Hip Hop, Acrobatics, Jazz, Ballett and Contemporary Dance.

Contemporary, Vertical Dance with Rebekka Gather

Monday 17. / 18. / 19. August 2026

Where: Vertical Dance Hub Basel - Trafohalle, Therwilerstrasse 56, 4103 Bottmingen
Time: 9:30 – 11:30 a.m.
Language: German

Strengthening, flying, circling, core

In the Vertical Dance Training at Profitraining Basel, I open my practice to professional contemporary dancers to rediscover the body through a dialogue with gravity. In the vertical space of the wall, movement unfolds through flying, melting, strengthening, and spiraling. Together, we explore the artistic and technical language of vertical dance, where the rope becomes a partner, the wall transforms into the floor, and our sense of orientation is rediscovered. Rooted in rigorous physical practice and open artistic research, the training offers space for improvisation, experimentation, and the expansion of each dancer's movement vocabulary

Rebekka Gather is a dancer and choreographer specializing in Vertical Dance. She studied at the Accademia Teatro Dimitri. Since 2021, she opens the Vertical Dance Hub Basel, a space dedicated to training, workshops, and performances in vertical dance. In 2021/2023, she created work with the duo Tempo di Borea. In 2024, she founded her own company, Rebekka Gather Vertical Dance. Her work has toured across Europe and has been presented at numerous festivals and venues. Since 2023, she has been teaching vertical dance as a guest lecturer at the ZHDK. In 2024, Rebekka staged the vertical dance performance "Maze" at the Konzert und Theater St. Gallen.

**Contemporary
with Antoine Ragot**

Monday 24. / 25. / 26. August 2026
Where: Tanzhaus Basel
Time: 9:30 – 11:00 a.m.
Language: English

soft, dynamic, awareness

This training is based on Axis Syllabus principles, using Contact Improvisation as a warm up strategy. It focuses on efficient movement, coordination, and dynamic alignment, combining biomechanics with playful exploration. Set phrases, moving between floor work and standing material, are developed across the 3 class series, and refined from slow to fast, sharp qualities. Participants experience an

engaging and energetic space that fosters curiosity and precision. The practice enriches the dancer skills through functional tools and deep body awareness. The main goal is to expand movement possibilities while supporting sustainable dancing.

Antoine Ragot is a Berlin-based dance artist and educator, a certified Axis Syllabus teacher with a lifelong practice of Contact Improvisation. With nearly 20 years of teaching experience, he is known for his insightful, approachable teaching and movement research. He co-founded Movement Artisans in Berlin, leads intensives, and teaches across Europe, while co-producing CI events. His work explores biomechanics, athletic skills, and the joy of dancing together.

LAB Contemporary Profitraining with Kihako Narisawa

when: Mo 31. August + Tue 01. September 2026

time: 9:30–11:30 a.m.

where: Kaserne Basel

Language: English

Ballet with Fernando Carrión

Colors, dynamics, atypical music

when: Tue 11.08.26 / Tue 18.08.26 / Tue 25.08.26

time: Tue 18:00 – 19:30

where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

My aim in Ballet class is to obtain a result by using visualisation: through using imaginary elements, rather than prioritising only the posture or the form of classical dance. Nowadays, dancers are exposed to different styles, so the purpose is to encompass all their needs in order to make them work with fluidity and awareness of how to use their weight. I also like to insist on putting the right energy in the right place, therefore, allowing them to avoid unnecessary tension. Musicality in class is an essential tool for giving the right nuances and freedom. It helps to give a vast choice of textures and qualities to their movement.

Born in Madrid and based in Blotzheim, France (near Basel), I began my career with Víctor Ullate's Dance Company and later joined the Lyon Opera Ballet. I have worked internationally as a dancer, choreographer, rehearsal director, and teacher, collaborating with leading choreographers and companies across Europe. Since 2012, I have been freelancing, creating choreographic works and teaching contemporary dance and ballet worldwide.

Ballet with David Lagerqvist

Musicality, joy, moving

when: Sat 15.08.26 / Sat 22.08.26

time: Sat 15:00 – 16:30

where: Saturday – Theater Basel, Theaterstrasse 7, 4010 Basel

My class focuses on developing musicality, rhythm, clear alignment, and moving through space with confidence, purpose, and freedom. Alongside precision, I want dancers to experience the joy of dancing, where technique becomes a tool for expression rather than a limitation. Every dancer has a unique body, so the class supports an individual approach to classical technique. By exploring time, space, and movement, I aim to create a class where dance feels sustainable, fun, expressive, and alive.

David Lagerqvist is a Swedish performer from Stockholm, trained at the Royal Swedish Ballet School (2007–2010). He began his career at the Royal Swedish Ballet before joining Ballet du Grand Théâtre de Genève, touring internationally. As a guest, he has worked with Danish Dance Theatre, Acosta Danza and as a freelancer with Art of Spectra and Pontus Lidberg Dance, and performed at Dramaten in Stockholm. He has also appeared in film and in interdisciplinary collaborations. Since 2020, he has been a member of Ballett Basel under Richard Wherlock, Adolphe Binder, Tilman O'Donnell and Marco Goecke. He also appears as a guest with Tanztheater Wuppertal in a work by Pina Bausch.

Ballet with Lisa Van Cauwenbergh

Exploring, sensation, musicality

when: Sa 29.08.26

time: Sat 15:00 – 16:30

where: Saturday – Theater Basel, Theaterstrasse 7, 4010 Basel

Through years of experience I noticed I started finding a freedom in ballet class that allowed me to explore, be creative in my choices and enhance my capacity for enjoyment. The daily training becomes an exploration of where you can take the steps that are fixed, of how much you can play with what is given, until where you can stretch the music. Centering yourself in your body, whilst at the same time having the space to play.

Ihre Ausbildung erhielt Lisa Van Cauwenbergh, geboren in Belgien, an der Königlichen Ballettschule Antwerpen zwischen 2010 und 2013 und anschliessend an der Académie Princesse Grace in Monte Carlo von 2013 bis 2017. Im selben Jahr erhielt sie ein Festengagement am Königlich Schwedischen Ballett in Stockholm und tanzte unter anderem in Choreographien von Jiří Kylián, Christopher Weeldon, William Forsythe, Ohad Naharin, Alexander Ekman, Marco Goecke, Jeroen Verbruggen, Lukáš Timulak u.a. Von 2022 bis 2025 war sie am Staatstheater Nürnberg Ballett unter Goyo Montero engagiert, wo sie in zahlreichen Neukreationen und Einstudierungen renommierter Choreograph:innen zu erleben war. Mit der Spielzeit 25/26 ist Lisa Van Cauwenbergh Mitglied des Ballett Basel.