

Profitraining Basel – Teachers March 2026

LAB 2/2026 – Contemporary Profitraining
with Karolin Stächele

embodied rhythms

energetic - physical - rhythm-driven

Monday 2.3.26 & Tuesday 3.3.26

Where: Vorstadttheater Basel (Allschwilerpl. 22, 4055 Basel)

Time: 9:30 – 11:30 a.m.

Language: German & English

“My work is loud and tender, it seduces and confronts. It challenges by refusing to merely please – instead, it dares to explore the raw and uncomfortable: that which lies hidden deep within all of us, and yet is part of who we are.”

In this workshop, participants are invited into Karolin Stächele’s physical and rhythm-driven movement world. Through guided improvisations, we explore how distinct movement qualities emerge from the body’s response to rhythm and pulse. Deeply rooted in her background as a musician, Karolin uses the pulse of electronic music as an anchor inviting dancers to embody sound, finding synchronicity through rhythm and energy through space. The session also introduces excerpts from the DAGADA dance repertoire, offering insight into Karolin’s artistic signature: dynamic, highly physical, and expressive. Participants will engage with her process of generating, transforming, and refining movement material while discovering how rhythm can be both a structural and emotional force within contemporary dance practice.

Since 2014, Karolin Stächele has been creating full-length dance pieces under the label DAGADA dance (www.dagada.dance) for a variety of spaces and stages. Based in Freiburg, she collaborates with a dynamic group of artists from diverse genres, developing a repertoire that includes both solo and group performances. Through an open, participatory artistic dialogue, she choreographs a pulsating dance language that constantly responds to the social transformations around her.

The company has presented its work internationally – including in Berlin, Leipzig, Basel (CH), Haarlem, The Hague (NL), Brest (FR), Barcelona (ES), and Prague (CZ).

Karolin was a co-founder and active member of tanznetzlfreiburg from 2018 to 2022.

Since September 2021, she has been co-director of the full-time dance programs at bewegungs-art freiburg.

Contemporary with Roland Géczy

Move & Groove

Fun, Dynamic, Rhythmical

when: Mo 9.3. / Tue 10.3. / Wed 11.3.

time: 9:30–11:00 a.m.

where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

Language: English

Contemporary Dance Workshop that blends the freedom of contemporary movement with the energy of urban dance styles. Throughout this immersive session, Roli will guide you through techniques that play with rhythm, dynamics, and flow. You'll learn how to fuse contemporary dance fundamentals with urban dance elements, creating an exciting and unique style all your own. Whether you're a beginner or experienced dancer, this workshop invites you to have fun, move freely, and connect with the beat in a whole new way!

I am a contemporary dance artist with a strong hiphop background. Since 2015 I developed my physical performing skills and personalities. In Hungary I completed a contemporary dance educational program, called Gangaray Artistic Program, which is for dedicated young dancers, who want to be part of a professional workflow into a creative and open minded national and international group, with performer, dancer and artistic ambitions. By finishing this education, I had several working experiences in Hungary, but I had the desire to open to the world outside of Hungary, and I wanted to improve more my skills, my technique and my artistic statement. So, I decided to move to Salzburg and start Sead undergraduated program, a professional education for contemporary dancers.

At Sead, I had experience to create dance pieces, my first creation called, Vegmah, in where hip-hop meets with contemporary dance. My second creation, called Dunajna, which was invited to several dance festivals such as: Ozora festival, Hungary Opera Prima Festival, Italy, Rovigo Tanzplattform Bern, Switzerland, where I received the Münster prize from Lillian Stillwell. Dunajna was recreated in Münster Stadttheater for its company dancers.

Contemporary with Sahadatou Ami Touré

Amifusion

sweaty, fun, energetic

when: Mo 16.3. / Tue 17.3. / Wed 18.3.2026
time: 9:30–11:00 a.m.
where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel
Languages: English/Français/German

Amifusion is the fusion of different traditional dances from the north and the south of Benin (Agbadja, Tèkè, Tipenti, Houngan), urban dances as well as movement and gestures from daily life. This fusion brings forth the four elements of nature: earth, water, air, and fire. Ami Touré Sahadatou is a Beninese dancer, choreographer, and cultural practitioner based between Parakou (Benin) and Basel (Switzerland). Founder of the AMI TOURE company in 2021, she develops a choreographic style that blends traditional Beninese dances, gestures from everyday life, and urban dance. Her practice is rooted in a dynamic of research, creation, and transmission. She is one of 38 African dancers who have been touring the world since 2021 in Pina Bausch's *The Rite of Spring*. She also leads the Amifusion workshops, spaces for encounter and sharing around traditional Beninese dances at Tanzhaus Basel.

Amifusion is open for all levels and abilities and will adapt the movement material according to the participants.

LAB 3/2026 – Contemporary Profitraining with Declan Whitaker

Away with the Faeries *Folk, Fun, Fairies*

Monday 23.3.26 & Tuesday 24.3.26
Where: Kaserne Basel
Time: 9:30 – 11:30 a.m.
Language: German & English

Declan introduces practices from his upcoming work *Away with the Faeries*, which draws on his personal history with Irish Dance.

In a relaxed and fun setting, we will explore simple Irish dance steps. This will include solo dance steps as well as céilí dances - traditional Irish group dances, which have both served as inspiration for my work. No Irish dance experience necessary!

Please note: The ceili dances include touch - mostly holding hands with a partner. Due to the short notice change in teachers, it was not possible to prepare this LAB to be accessible for individuals with mobility-related disabilities. If you have other access needs or require any accommodations, we warmly encourage you to contact the Tanzbüro in advance so we can discuss how best to support you.

Please bring sneakers or shoes they can comfortably dance in.

Declan is a dancer and choreographer based in Basel. He practiced Irish Dance from early childhood into his late teens. His choreographic interest lies with aesthetic conventions and the border between fantasy and reality. During the 24/25 season, he was a LAB artist at Kaserne Basel. Declan is a member of the collective The Field, with whom he has worked with Meg Stuart, Isabel Lewis, Ofelia Jarl Ortega and Simone Aughtterlony. Declan regularly collaborates with the choreographer Frédéric Gies and has also performed in works by Martina-Sofie Wildberger and Martin Forsberg amongst others. His choreographic work has been shown at ROXY, Tanzhaus Zürich, Tanzplan Ost, PACT Zollverein (DE), Kunsthal Charlottenborg (DK), The Place (UK). In 2019 he was part of danceWEB at ImPulsTanz. in 2023, was part of Springback Academy in the frame of Aerowaves and in 2025 received a travel grant from Atelier Mondial.

Ballet with Fernando Carrion Caballero

Soul Dance

Colors - Dynamics - Atypical music

when: Tue 3.3. / Tue 10.3. / 17.1. / Tue 20.1.26

time: Tue 18:00 – 19:30 a.m.

where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

My aim in Ballet class is to obtain a result by using visualisation: through using imaginary elements, rather than prioritising only the posture or the form of classical dance. Nowadays, dancers are exposed to different styles, so the purpose is to encompass all their needs in order to make them work with fluidity and awareness of how to use their weight. I also like to insist on putting the right energy in the right place, therefore, allowing them to avoid unnecessary tension. Musicality in class is an essential tool for giving the right nuances and freedom. It helps to give a vast choice of textures and qualities to their movement.

Born in Madrid and based in France (near Basel), I began my career with Victor Ullate Dance Company. I further developed my artistic experience working with companies such as Lyon Opera Ballet, the National Dance Company of Spain, the Norwegian National Ballet, and Theater Basel. Since 2012, I have worked internationally as a freelance dancer, choreographer, rehearsal director, and teacher, collaborating with leading choreographers and companies worldwide. My choreographic works have received awards and have been presented in several countries across Europe. I continue to teach contemporary dance and classical ballet internationally.

Ballet with Sol Bilbao Lucuix

Adaptable, dynamic and musical

when: Sat 7.3. / Sat. 14.3. / Sat. 21.3.2026

time: 10:45 – 12:15 a.m.

where: Pro Ballet School, Mittlere Str. 48, 4056 Basel

language: English & German

My pedagogical interest lies in the relationship between the body and space, both around us and within us. Through years of experience as a dancer and teacher, I've developed an approach grounded in sensation and personal interpretation. While the ballet tradition often prioritizes form, fixed stereotypes, and technique, I invite students to expand their boundaries, so they can move and enjoy with agency, and a deeper understanding of motion through the discipline of Ballet. My classes are musical and dynamic.

Based in Basel, Sol is a dancer, choreographer and teacher of contemporary dance and classical ballet. She trained in Madrid and holds an MA in Expanded Theatre (HKB, Bern). Active professionally since 2003, she was a soloist with Ballett Theater Basel until 2017 and has been developing her own work in the free-scene of Basel since 2014. In 2023 she founded Cie ever.body, an initiative for dancers 40+ to continue performing on stage. Sol currently collaborates with the Pro UKBB foundation for the project UKBB Tanz. She is Head of Dance at Swiss Academy in Zurich and Basel. Sol has taught in different schools in Basel and dance companies since 2016.

Ballet with Aline Serrano

when: Tue 17.3. + Tue 24.3.2026

time: Tue 18:00 – 19:30

where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

language: English & German

In her Ballet classes the focus is on a clean and healthy build up from the little toe to the tip of the head expanding into space, broadening the own experience within the classical technique. On first place is to enjoy the own physicality and find pleasure and freedom through the rigid forms.

Aline Serrano is a contemporary dancer, performer and teacher based in Basel. She studied at the Staatliche Ballettschule Berlin, CodArts University of Fine Arts and SEAD Salzburg Experimental Academy of Dance. Aline has been dancing in the ensemble of Theater Münster under the direction of Lillian Stillwell until Summer 2025 having the privilege to work with esteemed choreographers like: Anouk Van Dijk, Edward Clug, Paloma Muñoz,

Giuseppe Spotta, and Dustin Klein. As an extension of her deep interest of the human body and its possibilities of expression and full experiences she is currently completing her studies in Naturopathy in the traditional European medicine. Digging deeper in the connection of body, mind and nature.

Ballet with Dario Giuseppe Dinuzzi

openminded, encouraging, fun

when: Sat 28.3.2026

time: 10:45 – 12:15

where: Pro Ballet School, Mittlere Str. 48, 4056 Basel

language: English & German

This is a ballet class designed for classical and contemporary trained dancers. Particular attention is given to the relationship between musicality and coordination, as well as prioritizing functional movement and the anatomy of the body. With passion and joy, everyone is encouraged to approach this class as a tool to gain strength and awareness while improving versatility in moving between different dance styles and movement languages.

Originally from Italy, Dario Dinuzzi is a professional performer, choreographer, and movement coach. Trained in ballet and contemporary dance, he has danced with companies such as Aterballetto, Les Grands Ballets Canadiens de Montréal, Ballet BC, and Tanz Luzern. As a freelancer, he has collaborated on projects across Europe and Canada, developing a distinctive choreographic language. Since 2010, Dario has taught extensively at professional and pre-professional levels for companies, conservatoires, universities, and training programs worldwide. He is a certified GYROTONIC® instructor.
