

TANZBÜRO BASEL

Profitraining Basel – Teachers May 2026

Contemporary
with Fabrice Mazilah

Introspective, playful, experimental

Monday 4. / 5. / 6. May 2026

Where: Tanzhaus Basel

Time: 9:30 – 11:00 a.m.

Language: German and English

This class centers on a series of physical practices and exercises I have developed over the years through my choreographic work. Together, we will explore the body's haptic intelligence—its ability to sense, feel, and generate movement—and the act of listening as a way to engage with the world around us. We will investigate how diverse approaches interweave, and enter into dialogue, fostering a playful ground for improvisation.

Fabrice Mazilah is a Swiss choreographer, dancer, and teacher based between Basel and Frankfurt. He worked and collaborated with choreographer William Forsythe for over two decades. His work explores the poetic interplay between body, object, space, and language, ranging from solos to large ensemble pieces, often involving cross-disciplinary collaborations. Mazilah brings a deep focus on embodiment, perception, and composition to his teaching. He is the founder or co-founder of several platforms and collectives, including MAMAZA, HOOD, and Work of Act, was artist-in-residence in 2024 at the Max Planck Institute in Frankfurt. Recent pieces include *Embodying Bodies* (2023), *The End of Things; The Things of Ends* (2024), *SHEELA* (2024), *BONES* (2025), making a sullen roar, as the wind does (2025)

Contemporary
with Angela Demattè

Seaweed, brainy, intentional

when: Mo 11.5. / Tue 12.5. / Wed 13.5.2026

time: 9:30–11:00 a.m.

where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

Languages: English

My interest in teaching comes from wanting to share a sense of authenticity to fellow dancers and performers.

The class will develop in three parts, a warm up inspired by Pilates to get joints and muscles ready in a healthy way, it will then develop into improvisation focusing on different qualities through guided tasks.

My focus with this is to bring out fluidity and range in movement as well as focus and presence while performing, I like to underline curiosity and give suggestions to finding new perspectives of how to approach movement. Improvisation tasks will be both for free solo dance as well as couple and group work. The class will then end with some set material in order to practice performativity new qualities and discoveries in movement phrases and choreography.

Angela Demattè was born in Trento (Italy). She moved to the Netherlands, in Arnhem, where she graduated at ArtEZ Dansacademie with a major in dance and minor in choreography, it was also the beginning of her love for movement research and choreography.

Angela then joined the dance company BernBallett, she was a member of the company until Summer 2019. During her time there, she has worked with various choreographers such as Sharon Eyal, Jo Strømgren, Club Guy and Roni, Ihsan Rustem, Po-Cheng Tsai, Nanine Linning, Etienne Bechard Kor'sia and others.

Since 2019 Angela is a freelance dancer, dance teacher and pilates instructor, mentor and dramaturg.

She has been working in Switzerland and abroad with several dance companies such as Kor'sia, Jo Strømgren Kompani, Joshua Monten Dance Company, greywax dance and others.

She has been teaching in several professional companies such as TanzLuzern, GTG, and training platforms in Switzerland and abroad.

Contemporary with Diego Alvarez San

Precise, Dynamic, Expressive, Technical

when: Mo 18.5. / Tue 19.5. / Wed 20.5.2026

time: 9:30–11:00 a.m.

where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

Languages: English

The Motion / The Body: Understanding the Floorwork

This class develops a deep understanding of movement and its elements through progressive steps. Each dancer has their own rhythm; the goal is to honor individuality while building a shared flow. The class explores key components of movement: navigating space, transitioning in and out of the floor, and sustaining motion solo and with others. Divided into two parts: Understanding the Body in Space – Focus on physical awareness, weight shifts, strength, flexibility, and smooth floor transitions. Appropriating Movement & Expression – Move from technique to creativity, allowing space for personal interpretation and expression

Contemporary dancer, choreographer, and educator with over 20 years of experience in creation, performance, and pedagogy. I began my career in Costa Rica, where I trained and worked as both performer and educator before co-founding Colectivo Clá and the international festival REVES. Since 2007. I've developed a multidisciplinary practice through collaborations across Europe, Asia, and the Americas- working with artists and companies such as Milan Tomasik & Co. (Slovenia/Slovakia) Ultima Vez / Wim Vandekeybus (Belgium), and Anton Lachky (Slovakia/ Belgium). My work merges technical precision with expressive depth and focuses on intercultural, collaborative creation

LAB 5 Contemporary Profitraining with Victoria Antonova

Explore, connect, translate

when: Tue 26.05. + We 27.05. 2026

time: 9:30–11:30 a.m.

where: ROXY Birsfelden

Language: English

This 2-day lab invites participants into a shared space of movement, perception, and exchange. Working across different bodies and experiences, we will explore how translation can become a creative and choreographic tool.

Day 1: We tune into body, space, and each other through tasks exploring translation from sensation to movement, between bodies and from inner to external states. Drawing on inclusive dance practices, it opens multiple access points to creation.

Day 2: Focus shifts to reflection and composition. I will share and test fragments from my solo called „A Hot Chick in the oven“ Where we will explore topics around how the body is being seen, questioned, and sometimes consumed.

Victoria Antonova is a Greek-Latvian performer currently developing her solo work. Her practice is rooted in inclusive dance and shaped by working across diverse artistic contexts. Through a disabled lens, she explores movement as a space of access, adaptation, and awareness, continuously redefining her relationship to the body and to dance.

**Ballet
with Dario Giuseppe Dinuzzi**

openminded, encouraging, fun

when: Sat 02.05.26 / Sat 09.05.26

time: Sat 10:45 – 12:15

where: Pro Ballet School, Mittlere Str. 48, 4056 Basel

Language: English

This is a ballet class designed for classical and contemporary trained dancers. Particular attention is given to the relationship between musicality and coordination, as well as prioritizing functional movement and the anatomy of the body. With passion and joy, everyone is encouraged to approach this class as a tool to gain strength and awareness while improving versatility in moving between different dance styles and movement languages.

Originally from Italy, Dario Dinuzzi is a professional performer, choreographer, and movement coach. Trained in ballet and contemporary dance, he has danced with companies such as Aterballetto, Les Grands Ballets Canadiens de Montréal, Ballet BC, and Tanz Luzern. As a freelancer, he has collaborated on projects across Europe and Canada, developing a distinctive choreographic language. Since 2010, Dario has taught extensively at professional and pre-professional levels for companies, conservatoires, universities, and training programs worldwide. He is a certified GYROTONIC® instructor.

**Ballet
with Aline Serrano**

when: Tue 05.05.26 / Tue 12.05.26

time: Tue 18:00 – 19:30

where: Tuesday - Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

In her Ballet classes the focus is on a clean and healthy build up from the little toe to the tip of the head expanding into space, broadening the own experience within the classical technique. On first place is to enjoy the own physicality and find pleasure and freedom through the rigid forms.

Aline Serrano is a contemporary dancer, performer and teacher based in Basel. She studied at the Staatliche Ballettschule Berlin, CodArts Univeristy of Fine Arts and SEAD Salzburg Experimental Academy of Dance. Aline has been dancing in the ensemble of Theater Münster under the direction of

Lillian Stillwell until Summer 2025 having the privilege to work with esteemed choreographers like: Anouk Van Dijk, Edward Clug, Paloma Muñoz, Guisepe Spotta, and Dustin Klein. As an extension of her deep interest of the human body and it's possibilities of expression and full experiences she is currently completing her studies in Naturopathy in the traditional European medicine. Digging deeper in the connection of body, mind and nature.

Ballet
with Fernando Carrion Caballero

Colors - Dynamics - Atypical music

when: Tue 19.05.26 / Tue 26.05.26

time: Tue 18:00 – 19:30

where: Tuesday - Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

My aim in Ballet class is to obtain a result by using visualisation: through using imaginary elements, rather than prioritising only the posture or the form of classical dance. Nowadays, dancers are exposed to different styles, so the purpose is to encompass all their needs in order to make them work with fluidity and awareness of how to use their weight. I also like to insist on putting the right energy in the right place, therefore, allowing them to avoid unnecessary tension. Musicality in class is an essential tool for giving the right nuances and freedom. It helps to give a vast choice of textures and qualities to their movement.

Born in Madrid and based in France (near Basel), I began my career with Victor Ullate Dance Company. I further developed my artistic experience working with companies such as Lyon Opera Ballet, the National Dance Company of Spain, the Norwegian National Ballet, and Theater Basel. Since 2012, I have worked internationally as a freelance dancer, choreographer, rehearsal director, and teacher, collaborating with leading choreographers and companies worldwide. My choreographic works have received awards and have been presented in several countries across Europe. I continue to teach contemporary dance and classical ballet internationally.

Ballet
with Azusa Nishimura

Discipline, passion, creative

when: Sat 23.05.26 / Sat 30.05.26

time: Sat 10:45 – 12:15

where: Pro Ballet School, Mittlere Str. 48, 4056 Basel

Language: English

Azusa's ballet classes are for everybody, regardless whether they have a background in classic ballet or contemporary dance. She focuses on the individual bodies of the students and believes that each and every one of us is different. Her barre exercises are fairly simple and designed to help students to pay attention to their body and activate their own resources to be able to maximize their potential when we move on to the centre exercises.

Azusa is from Hiroshima, Japan. Her repertoire ranges from classical ballet to contemporary dance. She began her professional career in Europe in 2000. Since then she has been living in Zürich and works throughout Switzerland as a dancer, teacher and choreography assistant. Collaborating with artists from other fields as well, she has performed in operas, dance films, theater performances, music videos, commercial events and photo shoots.