

Profitraining Basel – Teachers September 2026

LAB Contemporary Profitraining
with Kihako Narisawa

interpretive, articulate, exploratory

when: Mo 31. August + Tue 01. September 2026

time: 9:30–11:30 a.m.

where: Kaserne Basel

Language: English

This LAB explores how verbal material can become movement. Through guided improvisation and a simple choreographic framework, participants translate words, phrases and ideas into individual physical interpretations, paying attention to coordination, articulation and the choices that emerge in the process. The work favours time, precision and personal agency over speed or fixed intensity. Each session stands on its own, while the second day also offers the possibility to continue and deepen the same framework.

Kihako Narisawa *1984 (she/her) is an interdisciplinary performing artist, choreographer, dancer and designer, born and raised in Tokyo and based in Basel. Her practice combines choreography, installation, sound, text, video and live performance, exploring identity, visibility, language and embodied communication through intercultural, intersectional and spatial perspectives. Recent works include quite quiet (ROXY Birsfelden, 2026) and layer(s), developed through Forecast Platform with Hussein Chalayan and presented at Radialsystem and Gropius Bau Berlin in 2025. She holds an MA in interdisciplinary design from HGK FHNW.

Contemporary
with Ami Touré Sahadatou

sweaty, fun, energetic

Monday 7. / 8. / 9. September 2026

Where: Tanzhaus Basel

Time: 9:30 – 11:00 a.m.

Language: German & English & German

Amifusion is the fusion of different traditional dances from the north and the south of Benin (Agbadja, Têkè, Tipenti, Houngan), urban dances as well as movement and gestures from daily life. This fusion brings forth the four elements of nature: earth, water, air, and fire. Amifusion is open for all levels and abilities and will adapt the movement material according to the participants.

Sahadatou Ami Touré is a Beninese dancer, choreographer, and cultural practitioner based between Parakou (Benin) and Basel (Switzerland). Founder of the AMI TOURE company in 2021, she develops a choreographic style that blends traditional Beninese dances, gestures from everyday life, and urban dance. Her practice is rooted in a dynamic of research, creation, and transmission. She is one of 38 African dancers who have been touring the world since 2021 in Pina Bausch's The Rite of Spring. She also leads the Amifusion workshops, spaces for encounter and sharing around traditional Beninese dances at Tanzhaus Basel.

Samba Foula Sagna is a Senegalese dancer, choreographer, and musician specializing in West African traditional dance and Mandingue percussion. He has worked internationally with artists such as Baaba Maal and Youssou N'Dour and was a member of the National Ballet of Senegal. Since 2006, he has been based in Italy, where he leads workshops, performances, and cultural projects across Europe, including his project Sasouba.

**Contemporary
with Pau Aran Gimeno**

Physical, Sensitive, Precise

Monday 14. / 15. / 16. September 2026

Where: Tanzhaus Basel

Time: 9:30 – 11:00 a.m.

Language: English

Atelier is a pedagogical proposal shaped by Pau Aran's career as a professional dancer, independent creator and teacher. This training treats the dance space as a site for experimentation, practice and the refinement of technique in service of creative identity. Grounded in contemporary dance, the work connects Western techniques with ongoing movement research. Inspired by the Jooss-Leeder method and Jean C bron's compositional principles - Energy, Form, Space and Rhythm - the training emphasizes breathing, repetition and opposing directional forces. Through technique, improvisation, and composition, dancers develop a shared physical language while deepening personal expression, autonomy and collective awareness.e" at the Konzert und Theater St. Gallen.

Pau Aran Gimeno (Barcelona, 1981) is a dance artist living between Germany and Spain. Trained in Spain and at the Folkwang Universit t der K nste, he was a member of Tanztheater Wuppertal – Pina Bausch from 2005 to 2020, performing extensively in the company's repertoire. Since 2013, he has developed his work as an independent choreographer and teaching artist, collaborating with artists such as Sidi Larbi Cherkaoui, Theo Clinkard, Jorge Puerta Armenta, Antonio Ruz and the Pina Bausch Foundation.

LAB Contemporary Profitraining with Yotam Peled

structure, release, soft, martial-arts, partnerwork, flow

Monday 21. / 22. / 26. September 2026

Where: Vorstadt Theater Basel

Time: 9:30 – 11:30 a.m.

Language: English

Taking inspiration from movement methods such as Qi-Gong, Capoeira, and release technique, the class proposes a journey from an empty body to flow and virtuosity. The practice begins with forming a clear connection to the breath, as an engine for movement, and follows into playful partner exercises to increase mobility and awareness for weight shifting. The session concludes with drills and sequences from the universe of floor-work and soft acrobatics, focusing on the isolation of body parts as different initiators for movement, aiming to develop a sustainable way in and out of the floor.

Yotam Peled is a choreographer, performer and teacher based in Berlin. He has been practicing fine arts, athletics, and Capoeira since childhood, and at the age of 21 began dancing, to later on pursue higher education in contemporary circus. As of 2015 he is working as

a freelance performer and independent maker. In 2019 he founded the ensemble 'Yotam Peled & the Free Radicals', dedicated to the creation and touring of interdisciplinary performance.

Ballet
with Caelyn Knight

Quality, flow, pleasure

when: Tue 1.09.26 / Tue 8.09.26 / Tue 15.09.26 / Tue 22.09.26

time: Tue 18:00 – 19:30

where: Tanzhaus Basel, Horburgstrasse 103, 4057 Basel

My goal is to bring Freedom and even more pleasure by releasing unnecessary strain. The key is not what you do, it's how you do it.

Caelyn Knight was born in Cape Town, South Africa. She studied dance at the UCT Ballet School and then at the Princess Grace Academy in Monte Carlo. After a brief experience with a youth company (Europadanse), she became a member of the Lyon Opera Ballet. She danced the title roles in 'Giselle' by Mats Ek, in 'Cendrillon' by Maguy Marin and in 'Romeo and Juliet' by Angelin Prejlocaj. She has performed in pieces by William Forsythe, Pina Bausch, Jiri Kylián, Mats Ek, Peeping Tom, Ohad Naharin, Marcos Morau, Merce Cunningham, Trisha Brown, Emanuel Gat, Pierre Droulers, Nacho Duato and Lucinda Childs, Angelin Prejlocaj, Benjamin Millepied, Johan Inger, Pierre Pontvianne, Sarah Michelson, Odile Duboq, Boris Charmatz, Rachid Ouramdane, Jérôme Bel, Anne Teresa de Keersmaecker, Maguy Marin, Alessandro Sciarroni and Fabrice Mazliah.

Caelyn has been teaching and coaching in companies such as Lyon Opera Ballet and Theater Ballet Basel, and with students of the National Conservatory of Lyon (Conservatoire National Supérieur de Danse). She started freelancing at the end of 2023. Since then, she has been part of various projects including as a guest dancer at the Theater Basel.

Ballet
with Lisa Van Cauwenbergh

Exploring, sensation, musicality

when: Sa 05.09.26

time: Sat 15:00 – 16:30

where: Saturday – Theater Basel, Theaterstrasse 7, 4010 Basel

Through years of experience I noticed I started finding a freedom in ballet class that allowed me to explore, be creative in my choices and enhance my capacity for enjoyment. The daily training becomes an exploration of where you can take the steps that are fixed, of how much you can play with what is given, until where you can stretch the music. Centering yourself in your body, whilst at the same time having the space to play.

Ihre Ausbildung erhielt Lisa Van Cauwenbergh, geboren in Belgien, an der Königlichen Ballettschule Antwerpen zwischen 2010 und 2013 und anschliessend an der Académie Princesse Grace in Monte Carlo von 2013 bis 2017. Im selben Jahr erhielt sie ein Festengagement am Königlich Schwedischen Ballett in Stockholm und tanzte unter anderem in Choreographien von Jiří Kylián, Christopher Weeldon, William Forsythe, Ohad Naharin, Alexander Ekman, Marco Goecke, Jeroen Verbruggen, Lukáš Timulak u.a. Von 2022 bis 2025 war sie am Staatstheater Nürnberg Ballett unter Goyo Montero engagiert, wo sie in zahlreichen Neukreationen und Einstudierungen renommierter Choreograph:innen zu erleben war. Mit der Spielzeit 25/26 ist Lisa Van Cauwenbergh Mitglied des Ballett Basel.

Ballet with Michelangelo Chelucci

Musicality, joy, moving

when: Sat 12.08.26 / Sat 19.08.26

time: Sat 15:00 – 16:30

where: Saturday – Theater Basel, Theaterstrasse 7, 4010 Basel

My class is focussed on getting in contact with your own body in order to develop consciousness and ease in movement. Rhythm and imagination are the two fundamental tools that we'll train together

Michelangelo Chelucci has been a soloist dancer for the past 21 years: Cannes Jeune Ballet (France), Florence Opera House (Italy), Béjart Ballet Lausanne (Switzerland), Staatsballett Hannover (Germany) and Theater Basel (Switzerland). He is a certified Yoga teacher and has a Master degree in Clinical and Rehabilitation Psychology.